

# FAME LAB Science Innovation Forum 2016

May 11 - 13, 2016

Conference Room, 1st Floor, School of Exercise Science, University of Thessaly, Karies

TRIKALA, GREECE

#### **FAME LABORATORY**

FAME Laboratory is a research unit within the University of Thessaly, School of Exercise Science, Greece, which conducts research on the physiological and molecular mechanisms that regulate mammalian adaptions to environmental influences.

#### **Programme**

May 11/2016, 17:00 - 20:00, Session 1: Genetics

May 12/2016, 10:00 - 13:40, Session 2: Biochemistry

May 12/2016, 16:20 - 21:00, Session 3: Science Innovation

May 13/2016, 10:00 - 13:00, Session 4: Climate Change and Heat Occupational Stress

















### Science Innovation Forum

2016

### **Event Programme**

### Wednesday 11 May, 2016

#### **Genetics**

17:00 - 17:40: Dr. Cosetta Ravelli, Department of Molecular and Translational Medicine, University of Brescia, Italy, "Fluorescent proteins-based models for the visualization of the tyrosine kinase receptor VEGFR2"

17:40 - 18:20: Mr. Sergei Shevchenko, Institute of Gene Biology, Russian Academy of Sciences, Russia, "UCP1 gene: from disorder to gene expression"

18:20 - 18:40 - Break

**18:40 - 19:20:** *Ms.* **Tania Amorim**, Centre of Research, Education, Innovation and Intervention in Sport, Faculty of Sports, University of Porto, Portugal & The Faculty of Education, Health and Wellbeing, University of Wolverhampton, UK, "**Bone health and intensive physical exercise**"

19:20 - 20:00: Mr. Petros Dinas, The Faculty of Education, Health and Wellbeing, University of Wolverhampton, UK, "Can brown and brown-like adipose tissue benefit human health? The role of exercise"















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#### Thursday 12 May, 2016

### **Biochemistry**

10:00 - 10:40: Prof. Liliya Nadolnik & Ms. Maria Chumachenka, Director - Leading Researcher, Institute of Biochemistry of Biologically Active Compounds, "Reactive oxygen species: biological role, mechanisms of cell defense under stress"

**10:40 - 11:20:** Prof. Thanasis Tziamourtas, School of Exercise and Science, University of Thessaly, Trikala, Greece, "Oxidative stress and cardio-metabolic disease"

11:20 - 11:40: Break

11:40 - 12:20: Dr. Ioannis Fatouros, School of Exercise and Science, University of Thessaly, Trikala, Greece, "Utilization of oxidative stress markers for diagnosis of sports-related maladaptations"

12:20 - 13:00: Ms. Kaitlyn Perrins and Dr. Andres Carrillo, Department of Exercise Science, Chatham University, Pittsburgh, PA, USA, "Physical performance on a high fat, low carbohydrate diet: a proposal for future research"

13:00 - 13:40: Dr. Athanasios Batagiannis, CETRI, Cyprus, "Innovation management in H2020 projects"















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#### Science Innovation

16:20 - 17:00: Ms. Stephanie Beechler - Dr. Andres Carrillo, Department of Exercise Science, Chatham University, Pittsburgh, PA, USA "Specialization and chaos: a necessary unity for the advance into novelty"

17:00 - 17:40: Ms. Erika Martin & Ms. Asya Spencer, Department of Exercise Science, Chatham University, Pittsburgh, PA, USA "A move from specialist to generalist: marathons to CrossFit®"

17:40 - 18:00: Break

18:00 - 18:40: Mr. Vasilios Spahos, Ms. Eleni Kliafa & Mr. Alekos Ahilleas, Robotics Team, 7th Lyceum of Trikala, "Diving in the waters of Litheos with hydrobot Argolith"

18:40 - 19:20: Ms. Souzana Sofou, CETRI, Cyprus, "A new approach for the fabrication of orthopedic implants"

19:20 - 19:40: Break

19:40 - 20:20: Dr. Alexis Kermanidis & Mr. Feidias Stamos, Centarus Racing Team, University of Thessaly, "Advanced materials for applications in the automotive industry"

20:20 - 21:00: Mr. Vasilis Sideris & Dr. Giannis Giakas, Biomechanical Solutions, CERTH, Greece, "Wishoe: a smart shoe - Kneerotmeter: assessing tibial torsion"















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#### Friday 13 May, 2016

#### Climate Change and Heat Occupational Stress

10:00 - 10:40: Dr. Andreas Flouris, FAME Laboratory, School of Exercise Science, University of Thessaly, "Human physiology in hot environments"

10:40 - 11:20: *Prof. Klea Katsouyanni*, Department of Hygiene, Epidemiology and Medical Statistics, National and Kapodistrian University of Athens, "*Temperature and heat wave associations with mortality: results from epidemiological studies and geographical variability*" (Skype™ Presentation)

11:20 - 11:40: Break

11:40 - 12:20: Prof. Tord Kjellstrom, CETRI, Cyprus, "Climate change impacts on working people"

**12:20 - 13:00:** *Dr. Adrian Golemis*, Space Generation Advisory Council, "White is the new green"













