

Curriculum Vitae

Rigopoulos Dimitrios, MD, MSc, PhD



Contact Information

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Languages

Greek, English, Spanish, Arabic

Professional Positions

Internist-Diabetologist, 401 Army General Hospital of Athens
External Partner of Medical School, Kapodestrian University, Athens
Owner of private Diabetes Clinic, Athens

Employment History

15/10/1998-6/1/2000: Director of Medical Department of Hellenic Army Amphibious Special Forces, Kos Island, Greece

7/1/2000-14/12/2000: Director of Medical Department of Hellenic Army Amphibious Special Forces, New Peramos, Greece

15/12/2000-14/07/2003: Resident in Internal Medicine Evangelismos General Hospital, Athens, Greece

15/7/2004-29/6/2006: Resident in Internal Medicine, Attikon General Hospital, Athens, Greece

29/6/2006-21/7/2008: Director of Medical Department of Hellenic Army Amphibious Special Forces, New Peramos, Greece

22/7/2008- 4/4/2011: Director of Emergencies Department of 401 Army General Hospitals, Athens, Greece.

5/4/2011-14/5/2019: a) Internist-Diabetologist, Diabetes Clinic, 401 Army General Hospitals, Athens, Greece. b) Private Diabetes Clinic, Kifisias 30 Ave, Athens.

Education

1991-1997: Military Medical School, Aristoteles University of Thessaloniki, Greece.

2003-2009: Politics and Public Administration, Law School, kapodestrian University, Athens

2011-2013: Specialization in Dialogology, Diabetes Center, Laiko Hospital, Athens

2010-2015: PhD in Pathology, Medical School , kapodestrian University, Athens

2015-2015: Communication Management (E-learning Course), kapodestrian University, Athens

2015-2015: Statistical Analysis in Social Science, (E-learning Course) kapodestrian University, Athens

2016-2018: Master of Science in Molecular Physiology and Therapeutic Exercise, Medical School, Kapodestrian University, Athens.

Honors and Awards

1st Award Military Medicine Conference 2008, Thessaloniki, Greece

Top-ten, 43 Annual Meeting of the European Association for the study of the Liver, Milan, Italy, 2008

Praise for voluntary participation in the "Athens 2004" Olympics and Paralympic Games Medical Team

Gold Cross of the Order of the Phoenix

Memorandum of Efficient Class III Command

Medal of Grade C Class

Teaching Experience

11/9/2000- 6/10/2000: Trainer of Special Forces Nurse School, Parachutists School, Aspropirgos

30/6/2006-21/7/2008: Head of Special Forces Emergency Medicine School for Nurses, New Peramos.

22/9/2008-20/6/2010: Head of Special Forces Emergency Medicine School for Second Lieutenants Medical Officers, 401 Army General Hospital of Athens.

20/5/2016 Trainer in Diabetes Course for General Doctors, Uranupolis

18/5/2017 Trainer in Diabetes Course for General Doctors, Kalamata

28/5/2018 Trainer in Diabetes Course for General Doctors, Chania

2016-2019 Pharmaceutical Companies Staff training in Diabetes

2016-2019 Head of Patient's Diabetes Educational Program in my Private Diabetes Clinic

Conference Presentations

22^o Army Military Medicine Conference 2008, Thessaloniki, Greece.

1. Tsiambas E. Rigopoulos: "Deregulations of EGFR-HER2/VEGF/HIF 1a path in Colon Cancer."

11^o Hellenic Diabetes Conference, 2009, Alexandroupolis.

1. Georgakopoulos G., Tsiambas E., Rigopoulos D.: Deregulations c-myc and FXR molecules in Colon Cancer related with Diabetes. "Detecting mental illness in recruits".

23^o Army Military Medicine Conference 2010, Thessaloniki, Greece.

1. Kazazis D, Rigopoulos D: "Detecting mental illness in recruits".

43 Annual Meeting of the European Association for the study of the Liver, Milan, Italy, April 23-27, 2008:

1. Tsiambas E, Manaios L, Papanikolopoulos K, Rigopoulos D: "Epidermal growth factor receptor, vascular endothelial growth factor and hypoxia inducible factor-1a simultaneous deregulation in hepatocellular carcinoma based on tissue microarray and quantitative protein."

XVIII European Stroke Conference, Stockholm, Sweden, 26-29 May 2009.

1. G.Tsivgoulis, K.Vadikolias I.Heliopoulos E.Manios K.Rallis D.Rigopoulos C.Bairaktaris C.Piperidou: "Diagnostic yield of Power Motion-Mode Transcranial Doppler (TCD) criteria for the detection of hypoplastic Anterior Cerebral Artery (ACA)".

2. G.Tsivgoulis, K.Vadikolias I.Heliopoulos E.Manios K.Rallis D.Rigopoulos C.Bairaktaris C.Piperidou: "Development of unilateral Power Motion-Mode Transcranial Doppler (TCD) criteria for the detection of right-to-left shunts (RLS)."

VI European Congress on Emergency Medicine, Stockholm, 11-14 October 2010

1. T. Loukas, S Petousis, E. Solakis, A. Katsimantas, K. Geronatsios, G. Litos, D. Rigopoulos : "Duration of CPR performed by junior doctors affects quality"

European Resuscitation Conference, ,Porto, Portugal, December 2-4 2010

1. Loukas T., Petousis S., Rigopoulos D. "Non-Healthcare Providers Perform Straddle CPR As Adequately As Conventional CPR."

2011 ACSM Annual Meeting and 2nd World Congress on Exercise is Medicine, Denver, Colorado May 31 – June 4, 2011

1. Kontou A., Antonopoulos C., Isari G., Rigopoulos D.: "Assessment Of Physical Activity And Mediterranean-type Diet: A Preliminary Report"

Advanced Medicine Congress 2014, Imperial College of London, Abu Dabi.

1. Rigopoulos "Partial pancreas agenesis"

Publications

1. Georgakopoulos G., Tsiambas E., Korkolopoulos P., Kavantzias N., · A. Karameris A., Ragkos V., **Rigopoulos D.**, Vilaras G., Athanasiou A., TatsiouD., Patsouris E.: "Erratum: c-MYC and h-TERT co-expression in colon adenocarcinoma: A tissue microarray digitized image analysis." Journal of B.U.ON. (2013)
2. Georgakopoulos G., Tsiambas E., Korkolopoulou P., Kavantzias N., Karameris A., Ragkos V., **Rigopoulos D.**: "c-MYC and h-TERT co-expression in colon adenocarcinoma: A tissue microarray digitized image analysis." Journal of B.U.ON. (2013)
3. Antonopoulos C., Kalkanis A., Georgakopoulos G., Sergentanis Th., **Rigopoulos D.** : "Neutrophil gelatinase-associated lipocalin in dehydrated patients: A preliminary report." BMC Research Notes 10/2011
4. Kontou A., Antonopoulos C., Isari G., **Rigopoulos D.** : "Assessment Of Physical Activity And Mediterranean-type Diet: A Preliminary Report.", Medicine & Science in Sports & Exercise 05/2011
5. **Rigopoulos D.**, Tsiambas E. : "Deregulation of EGFR/VEGF/HIF-1 α signaling pathway in colon adenocarcinoma based on tissue microarrays analysis.", Journal of B.U.ON., 01/2010
6. Tsiambas E., Kravvaritis C., Tsounis D., Salemis N., Niotis A., Niotis T., **Rigopoulos D.**:" Correlation between different p53 expression patterns and chromosome 17 imbalances in pancreatic ductal adenocarcinoma based on tissue microarray analysis", Journal of B.U.ON.: official journal of the Balkan Union of Oncology 01/2010.
7. Tsiambas E., **Rigopoulos D.** : "Chromogenic in situ Hybridization Analysis of EGFR Gene Copies in Colon Adenocarcinoma Based on Intra-Operative Imprints and Tissue Microarrays.", Journal of gastrointestinal and liver diseases: JGLD 09/2009
8. Tsiambas E., Manaios L., Papanikolopoulos C., **Rigopoulos D.**: "Chromogenic In Situ Hybridization Analysis of Epidermal Growth Factor Receptor Gene/Chromosome 7 Numerical Aberrations in Hepatocellular Carcinoma Based on Tissue Microarrays.", Pathology & Oncology Research 02/2009.

9. Tsiambas E., Manaios L., Papanikolopoulos K., **Rigopoulos D.**: “Epidermal growth factor receptor, vascular endothelial growth factor and hypoxia inducible factor-1a simultaneous deregulation in hepatocellular carcinoma based on tissue microarrays and quantitative protein analysis.” , Journal of Hepatology 12/2008.
10. Tsiambas E., Stamatelopoulos A., Karameris A., Panagiotou I., **Rigopoulos D.**: “Simultaneous EGFR and VEGF Alterations in Non-Small Cell Lung Carcinoma Based on Tissue Microarrays.” , Cancer informatics 02/2007
11. Tsiambas E., Stamatelopoulos A., Karameris A., Panagiotou I., **Rigopoulos D.** : “Simultaneous EGFR and VEGF Alterations in Non-Small Cell Lung Carcinoma Based on Tissue Microarrays.” Cancer informatics 01/2007
12. Tsiambas E., Ragos V, Lefas AY, Georgiannos SN, **Rigopoulos D.**: “Molecular assays in detecting EGFR gene aberrations: an updated HER2-dependent algorithm for interpreting gene signals; a short technical report”, J BUON. 2016
13. Mastronikolis NS, **Rigopoulos D.**, Tsiambas E, Ragos V.: “IGF/IGFR and diabetes mellitus in head and neck squamous cell carcinoma patients.” , J BUON. 2017

Professional Affiliations

Hellenic Diabetes Assosiation

Hellenic Obesity Assosiation

American College of Sports Medicine.

European Stroke Organization.

American College of Emergency Medicine.